

I Confess

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned in my thoughts and in my words, in what I have done, and in what I have failed to do; through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God. Amen.



Guardian Angel Prayer (optional)

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.

Amen

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.

The Nicene Creed (continued)

God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with
the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of
the Virgin Mary, and became man.
For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the
Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the
giver of life, who proceeds from the
Father and the Son,
who with the Father and the Son is
adored and glorified, who has spoken
through the prophets.
I believe in one, holy, catholic and
apostolic Church. I confess one Baptism
for the forgiveness of sins and I look
forward to the resurrection of the dead
and the life of the world to come. Amen.

Sign Of The Cross

In the name of the father, and of the son,
and of the Holy Spirit.

Our Father

Our father who art in heaven, hallowed be thy name, The kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.
Amen.

Hail Mary

Hail Mary, full of grace, the lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary mother of God, pray for us sinners, now and at the hour of our death.
Amen.

Glory Be to the Father (Doxology)

Glory be to the father, the son and the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end.
Amen.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I promise to try, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our savior, Jesus Christ, suffered and died for us. In his name my God have mercy. Amen.

Signature of Catechist or Parent confirming student knows the prayer

1. Sign Of The Cross _____
2. Our Father _____
3. Hail Mary _____
4. Glory To the Father _____
5. Act Of Contrition _____
6. I Confess _____
7. The Nicene Creed _____

